

從Facebook 到心靈加油站

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去年本人在Facebook網絡關顧同事的需要上，體驗到不同的人有不同的需要，透過在網上分享基督教詩歌、靈修、見証和勵志文章，每天早上在上班前分享優美詩歌和靈修經文，晚上在家中分享生命見証和勵志文章，就是這樣的服事，Facebook網絡關顧由4位同事開始，經過一年的努力，竟吸引超過1600人成為朋友，他們來自香港和世界各地，每天有50至100人回應網上的分享和提出代禱需要，甚至有個別網友提出信仰、工作、戀愛、婚姻和健康等問題，希望得到關心和鼓勵。因此《心靈加油站》嘗試把過去一年的服事心得與同事分享，盼望可以為大家帶來一點心靈關顧的祝福。

在Facebook網絡關顧的日子有以下的體會：

1. 看見無助者的呼聲

許多人面對人生不同的苦難，如患病、工作壓力、失戀失婚和人生的迷網，他們非常渴望有人在網上看見他們的需要和心聲。因此，每天靠著上帝的恩典，分享詩歌、靈修、見証和勵志文章去回應他們的渴求，讓上帝親自賜下安慰和平安的祝福。

2. 看見感恩者的回應

在網上每天有50至100人回應他們的心聲，有不少人感謝神的安慰和垂聽他們的禱告，也藉著各人分享回應，彼此勉勵，彼此建立豐盛生命，並主動介紹朋友加入，成為傳揚福音和生命造就的園地。

3. 施比受更為有福的服事

雖然在服事上付出時間和心力，但在搜集資料過程中，自己先有得著，並且是有回報的。記得去年5月是本人生日，竟然在網上收到超過100位朋友的生日祝福，包括生日蛋糕、生日卡、鮮花、朱古力和祝福語，令我非常感動。因此建立美好友誼，與喜樂的人同喜樂，與哀哭的人同哀哭。

4. 傳福音背後的代禱者

記得去年10月舉辦靈實北京短宣探訪團，本人邀請他們代禱記念七天行程，求主祝福賜平安，結果上帝感動100位代禱勇士每天為北京短宣代禱。感謝神，上帝垂聽眾人的禱告，帶領435位中國同胞決志信主。



Facebook Evangelism

Rev Sunny Chow

I have started using Facebook to care for our colleagues since last year. Through sharing of hymns, spirituality, testimony, and encouraging words on this new platform day by day, the number of friends of mine has grown from 4 to 1600 in a year. There are about 50 to 100 comments and prayer requests on a daily basis. Some of them asked questions related to religion, work, love, marriage, health issue, etc, as they would like to gain some support and encouragement. I would just like to share with you all some of the things I have learnt during the past year.

1. To hear the voice of the helpless

Many people are suffering from difficulties, such as illness, stress, loss of marriage and a miserable life. Through the sharing of poetry, spiritual, inspirational articles to witness and response to their thirst for God himself, it bestows the blessings of comfort and peace.

2. To see the responses from the thankful ones

There are 50 to 100 comments to us each day about how thankful they are for God's comfort and listening to their prayers. And they actively invite others to join, so as to spread the Lord's words.

3. To be more blessed by giving than being served

It takes time and huge effort to serve, but I do gain a lot during the process, which is very rewarding. I was thrilled when I got over 100 facebook greetings on my birthday last year.

We did build up friendship on this new platform and to have joy with those who rejoice, and weep with those who mourn.

4. To be always in prayer

I was on a mission trip to visit Beijing last October and my prayer request was to keep us safe during the 7-day trip. Over 100 Christians were touched by God and kept us in prayer every day. And we are so thankful for God's grace that 435 people in China were led to God.